



# COVID-19

ADVISORY No. 19

March 23, 2020



ANVAYA  
COVE  
Seaside Leisure Community

## PROTOCOLS FOR LIVING WITH SOMEONE AT RISK Actions Against COVID-19

1

Keep distance,  
sleep in separate  
bedrooms.



2

Use different bathrooms  
and regularly disinfect  
them with bleach.



Please refer to Advisory  
No. 18 on How to Properly  
Make Disinfectants

3

Do not share towels,  
cups or cutlery.



4

Clean and  
disinfect surfaces  
with high contact  
daily.



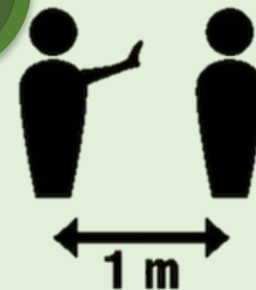
5

Wash clothes,  
blankets and towels  
often.



6

Keep distance  
between you  
and the  
person at risk.



7

Open the  
windows and let  
fresh air enter  
bedrooms.



8

Call the designated  
nurse, advise lines  
if you're presenting  
fever at 38 C or  
higher.



9

Do not break quarantine  
during the two (2) weeks.  
Every exit from home  
restarts the clock.



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BNC CLINIC  
0927-423-9724



Reference: Grupo Especial De  
Operaciones De Salvamento  
(GEOS)