



COVID-19

ADVISORY No. 17

March 22, 2020



ANVAYA
COVE
Seaside Leisure Community

PROTOCOLS FOR ENTERING YOUR HOME

Actions Against COVID-19

1

When you come home, try not to touch anything.



2



Take off your shoes.

3

Disinfect your pet's paws if you were walking it.



4



Take off your outer clothing and put it in a laundry bag.

5

Leave bag, purse, keys, etc. in a box at the entrance.



6



Shower or, if you are not able, wash all exposed areas well.

Hands, wrists, face, neck, etc.

7

Clean your phone and glasses with soap and water, or alcohol.



8



Clean the surfaces of what you have brought outside with bleach before storing.

Don't forget to wear gloves

Please refer to Advisory No. 18 on How to Properly Make and Use Sanitizers & Disinfectants

9

Remove your gloves carefully, throw them away and wash your hands.



10



Remember that it is not possible to do a total disinfection, the objective is to reduce the risk.



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How to Properly Make and Use Sanitizers & Disinfectants

SANITIZING FOOD CONTACT SURFACES

A solution of bleach and water should be used to sanitize all food preparation and contact surfaces.



1 tablespoon of bleach per **1 gallon** of water will give you a 50-200 ppm sanitizing solution.



This can be used to sanitize dishes, utensils, food preparation counters and tables.

Make sure that you use only UNSCENTED bleach for food contact surfaces and that you are using chemical test strips to check the sanitizer concentration. All spray bottles must be clearly labeled with contents.

DISINFECTING CHANGING TABLES, BATHROOMS, TOYS

All changing tables/diapering areas, bathrooms and toys must be disinfected after each use. The following solution of bleach and water should be used on these surfaces:



1 tablespoon of bleach per **1 quart** of water
OR
¼ cup of bleach per **1 gallon** of water



This will give you a 500-800 ppm disinfecting solution. Remake solution daily.

Soaking method for toys:

Wash and rinse toys to remove any visible dirt. Soak toys in a solution of ¾ cup of bleach per gallon of water for 5 minutes. Rinse toys and allow to fully air dry.

IN CASE OF ACCIDENTS AND ILLNESS

For all surfaces impacted by ill children (vomiting, diarrhea), a stronger solution of bleach and water is required.



1/3 cup bleach per **1 gallon** of water
OR
2 tablespoons bleach per **1 quart** water.



This will give you a 1000+ ppm disinfecting solution.

After cleaning the area with detergent, spray or wipe with surfaces with the disinfectant. Make sure to allow surfaces to fully air dry.