



# COVID-19

ADVISORY No. 13

March 19, 2020



ANVAYA  
COVE  
Seaside Leisure Community

## COVID-19 SYMPTOMS

A day-by-day breakdown

### DAY 1-3



**Common:** Fever, fatigue and dry cough

**Sometimes:** Muscle or joint pain

**Rare:** Diarrhea, nausea



Those with mild symptoms can undergo home quarantine but those who are elderly, have pre-existing conditions and severe manifestations such as difficulty of breathing should go to a hospital to be tested.

### DAY 4-6



Symptoms Continue

**Severe Cases:** Difficulty of breathing

### DAY 7



May need hospitalization as **symptoms of severe cases intensify**

### DAY 8



Patients with severe or critical cases develop **acute respiratory distress syndrome (ARDS)**, a kind of lung damage that causes fluid to fill the lungs

### DAY 10



- Abdominal pain and anorexia or lack of appetite
- Severe cases brought to ICU
- **Severe Cases:** Acute cardiac injury, acute kidney injury, septic shock, and/or liver dysfunction.

### DAY 14



**Mild cases:** recover in 2 weeks

**Severe/Critical cases:** recovery in 3-6 weeks

Only a small fraction of those with COVID-19 develop these severe symptoms. According to the World Health Organization, an average of 81% of the cases are mild, 14% are severe and 5% are critical.

Source: ABS-CBN News



# COVID-19

## ADVISORY No. 14

March 19, 2020



**ANVAYA**  
**COVE**  
Seaside Leisure Community

### MORONG ADVISORY (Tagalog)

Nais po naming ipaalam sa lahat na ayon sa Munisipalidad ng Morong, ang mga sumusunod ay mahigpit na ipatutupad para sa kaligtasan at seguridad ng lahat:

1. Simula March 20, 2020, ang mga barangay ay magsasagawa ng Enhanced Community Quarantine Checkpoint.
2. Ang mga individual na may Quarantine Pass na ibibigay ng barangay ay siya lamang makakadaan sa Community Quarantine Checkpoint. (Ang distribusyon ng Pass sa bawat bahay ay hanggang biyernes, March 20)
3. Magsecure din ng Certificate to Travel issued by Barangay para sa mga transaksyon sa labas ng Morong.
4. Bawal na sa mga single na motor ang may backride o angkas.
5. Sa mga tricycle dapat ay driver at isang (1) pasahero lamang at gayundin sa mga four wheels na sasakyan o observe ang one (1) meter distance.
6. Mahigpit na ipatutupad ang 8:00PM to 5:00AM curfew.
7. Sa mga lalabag ay maaari silang hulihin at kasuhan under Revised Penal Code, Article 151 "Resistance or Disobedience to Persons in Authority".
8. Sa iba pang mga katanungan, pwedeng tumawag sa Morong MPS Hotline at Globe: (09055165946) at Smart (09985985363) o magsadya sa inyong barangay.

### MORONG ADVISORY (English)

Please be informed that as per the Municipality of Morong, the following will be strictly implemented for the safety and security of everyone:

1. Beginning March 20, 2020, the Barangays will be forming an Enhanced Community Quarantine Checkpoint.
2. Only individuals with Quarantine Pass, which will be issued by the Barangay, can pass through the Community Quarantine Checkpoint. (Distribution of Pass per household is until Friday, March 20)
3. Secure also a Certificate to Travel issued by Barangay for transactions outside Morong.
4. Backriding is not allowed for single motorcycles.
5. For tricycles, only one passenger is allowed and the driver. This applies also to four wheel vehicles or observe one (1) meter distance.
6. 8:00 PM to 5:00 AM curfew will be strictly implemented.
7. Violators may be arrested and under Revised Penal Code, Article 151 "Resistance or Disobedience to Persons in Authority".
8. For other queries you may call Morong MPS Hotline at Globe (0905-516-5946), Smart (0998-598-5363) or visit your Barangay Office.

For your information, guidance and strict compliance.

Source: Municipality of Morong Official FB Page

**Note: The Quarantine Pass of residents inside Anvaya Cove will be issued by the Barangay to the Village Admin. The Village Admin will distribute one Quarantine Pass per household (as regulated) the soonest we acquire the Passes.**