

**Allowed Activities and Services During MECQ, GCQ and MGCQ**

Source: Omnibus Guidelines on the Implementation of Community Quarantine dated 15 May 2020

Per IATF Issuances Only  
As of 15 May 2020

#	Item	MECQ		GCQ		MGCQ		Remarks
		Allowed	Not Allowed	Allowed	Not Allowed	Allowed	Not Allowed	
<b>1</b>	<b>Allowed age to go out of Residence</b>							
1.1	Below 21 years old		✓		✓	✓		For MECQ and GCQ: Not allowed, except when indispensable under the circumstances for obtaining essential goods and services or for work in permitted industries and offices; APMC is not obligated under the law to enforce or implement this rule
1.2	21 to 59 years old	✓		✓		✓		For MECQ and GCQ: movement of all residents shall be limited to accessing essential goods and services, and for work in permitted offices or establishments
1.3	60 years old and Above		✓		✓	✓		For MECQ and GCQ: Not allowed, except when indispensable under the circumstances for obtaining essential goods and services or for work in permitted industries and offices; APMC is not obligated under the law to enforce or implement this rule
<b>2</b>	<b>Safety Protocols</b>							
2.1	Going out of residence without face mask		✓		✓		✓	
2.2	Going out of residence without Quarantine Pass							
2.3	Non-disclosure of acquired communicable disease		✓		✓		✓	
<b>3</b>	<b>Physical Activities</b>							
3.1	Outdoor							
3.2	Walking	✓		✓		✓		
3.3	Jogging	✓		✓		✓		
3.4	Running	✓		✓		✓		
3.5	Biking	✓		✓		✓		
3.6	Dog Walking	✓		✓		✓		
3.7	Sun Bathing	✓		✓		✓		
4.3	Skateboarding	✓		✓		✓		
<b>4</b>	<b>Mass Gatherings</b>							
4.1	Face-to-Face meetings up to 5 people	✓		✓		✓		For 4.1 and 4.2, under GCQ, meetings should be limited to essential work meetings. Non-work essential and entertainment related meetings are prohibited.
4.2	Face-to-Face meetings up to 10 people		✓	✓		✓		
4.3	General Assemblies/ Townhall Meetings more than 10 people		✓		✓	✓		For MGCQ, public gatherings are allowed, but participants must be limited to 50% of the venue or seating capacity.
4.4	Onsite Religious Mass Celebration	✓		✓		✓		For MECQ, not to exceed 5 participants; For GCQ, not to exceed 10 participants; For MGCQ, observe 50% limit of venue or seating capacity.
<b>5</b>	<b>Travel and Transportation</b>							
5.1	Golf Car	✓		✓		✓		
5.2	Shuttle Service/ Bus	✓		✓		✓		
5.3	Motorbike/ Scooter	✓		✓		✓		Max 1 person
<b>6</b>	<b>Construction-related Activities</b>							

**Allowed Activities and Services During MECQ, GCQ and MGCQ**

Source: Omnibus Guidelines on the Implementation of Community Quarantine dated 15 May 2020

Per IATF Issuances Only  
As of 15 May 2020

#	Item	MECQ		GCQ		MGCQ		Remarks
		Allowed	Not Allowed	Allowed	Not Allowed	Allowed	Not Allowed	
6.1	House Construction (Private individual)		✓	✓		✓		
6.4	House Renovation		✓	✓		✓		
6.5	Repairs and Maintenance	✓		✓		✓		Falls under Housing Services Activities
6.6	Building Services to the Units (per Service Request Menu)	✓		✓		✓		Falls under Housing Services Activities
6.7	Internet, Telephone, Cable TV	✓		✓		✓		Falls under Housing Services Activities
6.8	Landscape Projects in Houses (Villages)		✓	✓		✓		
6.9	Landscape Maintenance (Villages)	✓		✓		✓		
7	Grounds Maintenance (Villages)	✓		✓		✓		
7.1	Grasscutting	✓		✓		✓		
7.2	Tree Pruning	✓		✓		✓		
<b>7</b>	<b>Entry to the Property</b>							
7.1	Visitors for social purposes		✓		✓	✓		Under MECQ and GCQ, strict home quarantine shall be observed, and movement of all residents shall be limited to accessing essential goods and services, and for work in permitted offices or establishments. Hence, social visits are not allowed.
7.2	Medical Services Team	✓		✓		✓		
7.3	Stay-out Househelp/ Drivers/ Domestic Staff	✓		✓		✓		Subject to Property's House Rules
7.4	Property Management							
7.5	Property Manager	✓		✓		✓		
7.6	Office Admin Staff	✓		✓		✓		
7.7	Property Service Personnel	✓		✓		✓		
7.8	Construction workers		✓	✓		✓		No construction workers for small scale projects during MECQ
7.9	Service Providers							
8	Internet and Telco	✓		✓		✓		
8.1	Pest Control	✓		✓		✓		
8.2	Grease Trap Cleaning	✓		✓		✓		
8.3	House Cleaning, Handyman	✓		✓		✓		
8.4	Garbage Collection	✓		✓		✓		
8.5	Delivery Service							
8.6	Food delivery	✓		✓		✓		
8.7	Drinking water	✓		✓		✓		
8.8	Postal/ Courier	✓		✓		✓		

**Allowed Activities and Services During MECQ, GCQ and MGCQ**

Source: Omnibus Guidelines on the Implementation of Community Quarantine dated 15 May 2020

Per IATF Issuances Only  
As of 15 May 2020

#	Item	MECQ		GCQ		MGCQ		Remarks
		Allowed	Not Allowed	Allowed	Not Allowed	Allowed	Not Allowed	
8.9	Online Shopping	✓		✓		✓		
<b>8</b>	<b>Real Estate Activities</b>							
8.2	Move-In of Residents	✓		✓		✓		Subject to Property's House Rules.
8.3	Move-Out of Residents	✓		✓		✓		Subject to Property's House Rules.
8.4	Selling of residential lots	✓		✓		✓		Falls under real estate and leasing activities - For MECQ, allowed to operate at 50% operational capacity
8.5	Selling of residential units	✓		✓		✓		
<b>9</b>	<b>Retail units</b>							
9.1	Restaurants							
9.2	Dine-in		✓		✓	✓		For MGCQ, limited to 50% venue or seating capacity; See Section [5](10)(b)
9.3	Take-out	✓		✓		✓		
9.4	Barbershops and salons		✓	✓		✓		For GCQ and MGCQ, falls under Category III(DTI Memo Circular No. 20-22); See Section [4](6)(c) and Section [5](10)(b); Limited to 50% venue or seating capacity
9.5	Laundry Shops	✓		✓		✓		
9.6	Personal care services (e.g., massage parlors, sauna, facial care, waxing,etc)		✓		✓	✓		For GCQ and MGCQ, falls under Category IV(DTI Memo Circular No. 20-22); See Section [4](9) and Section [5](10)(c); For MGCQ, limited to 50% venue or seating capacity